

One-quarter of young adults had a diagnosis of depression or anxiety by age 25



The rates were higher for women, and for people with lower educational attainment

Half of 25-year-olds had engaged in some form of in-person gambling

A ∀	A ∀	A ∀	♦
↓ A	∀	A ♥ ∀	A ♥ ∀
A V	A ♥ ∀	A ♥ ∀	∀ A

Gambling included the lottery, scratch cards, casinos and betting on sports. 41% of young adults had gambled online

Smoking and vaping

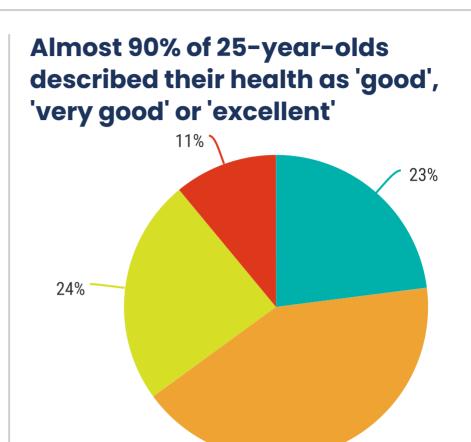


Just over one-fifth of 25year-olds smoked at least occasionally . . .



... and a very similar proportion vaped at least monthly

Just over half of young adults did not smoke or vape, but 9% did both.



Excellent Very good Good Fair/Poor

42%

But young adults with lower educational attainment were more likely to say their health was only 'fair' or 'poor' (16%)

Nearly 40% of 25-year-olds were drinking alcohol at a rate considered harmful or hazardous

