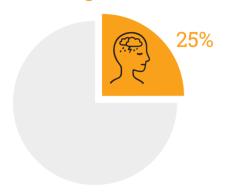
### Cohort '98 at Age 25: Health Findings



One-quarter of young adults had a diagnosis of depression or anxiety by age 25



The rates were higher for women, and for people with lower educational attainment

#### Half of 25-year-olds had engaged in some form of in-person gambling



Gambling included the lottery, scratch cards, casinos and betting on sports. 41% of young adults had gambled online

#### **Smoking and vaping**



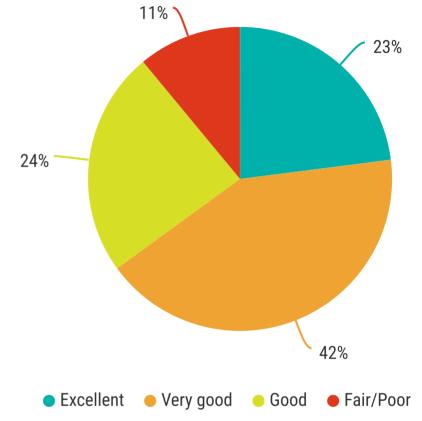
Just over one-fifth of 25year-olds smoked at least occasionally



21% vaped at least monthly

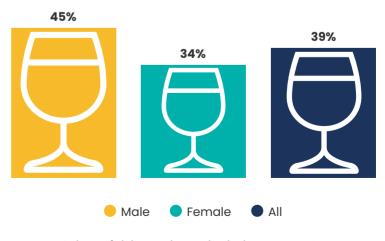
Just over half of young adults did not smoke or vape, but 9% did both.

# Almost 90% of 25-year-olds described their health as 'good', 'very good' or 'excellent'



But young adults with lower educational attainment were more likely to say their health was only 'fair' or 'poor' (16%)

## Nearly 40% of 25-year-olds were drinking alcohol at a rate considered harmful or hazardous



% harmful/hazardous alcohol consumption

